

IFBB Physique America appoints Dr. Jack Barnathan Chairman of Education & Professional Development



“I am honored and proud to appoint my good friend, Dr. Jack Barnathan, to the position of Chairman of Education and Professional Development. Dr. Jack comes to us with a resume that is second to none” exclaims IFBB Physique America President/CEO Wayne S. DeMilia

An acclaimed consultant and workshop leader in many unique professional specialties, Dr. Barnathan has served elite CEO’s, Olympic gold medalists, world champion pro athletes/sports federations, legends of Broadway, Hollywood, fashion, publishing, luxury brands, The Kennedy Space Center, The Miss Universe / Miss USA Pageants, The President’s Council on Sports, Fitness & Nutrition, and Presidents of the United States.

In 1990 he conceived the annual ICA National Symposium on Natural Fitness which has proudly presented Arnold Schwarzenegger as keynote speaker each and every year since.

Included among his many awards and honors is the IFBB Gold Medal, awarded by Ben Weider, the Certificate of Commendation of The President’s Council on Sports, Fitness, and Nutrition, and the United States Certificate of Merit awarded by President George Bush. Dr. Barnathan has served as a board member for the New York City Sports Alliance, New York City’s Olympic bid committee, numerous charities including Arnold Schwarzenegger’s ‘After School Allstars’ and received special recognition from the New York City Sports Commission for his many contributions to community fitness.

“Through our new Education and Professional Development committee I’m proud to present one of a kind opportunity for our athletes, fans, sponsors and other professional organizations,” so says Dr. Barnathan. “Our exclusive workshops/events for IFBB-PA members and the fans/sponsors who support them will provide cutting-edge information for personal growth, nutritional design and innovative opportunities for professional networking and development.”