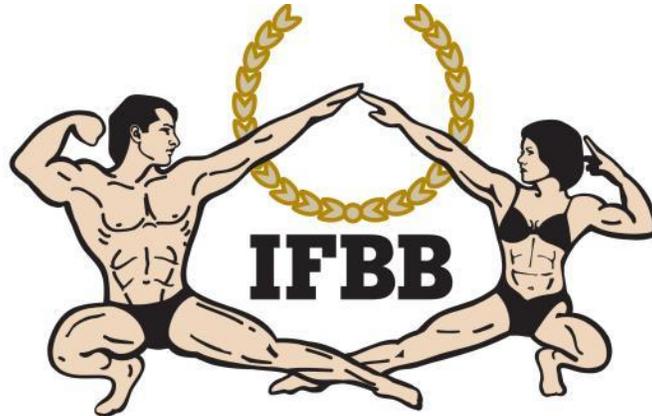


WE ARE IFBB



INTERNATIONAL FEDERATION OF BODYBUILDING & FITNESS

There is still much confusion about the different Bodybuilding & Fitness organizations that are using the letters IFBB. Here is an explanation that hopefully alleviates the confusion.

The International Federation of Bodybuilding & Fitness is 199 affiliated nations strong and is the 4th largest Sports Federation in the world. It was started by Ben Weider in 1946 and its current President is Dr Rafael Santonja with the IFBB headquarters located in Madrid, Spain. IFBB is a member of GAISF, International World Games Association, UNESCO, ICSSPE, amongst many other prestigious international bodies. It is also recognized as the sole International Sport Federation for the Sport of Bodybuilding and Fitness that is in full compliance with the WADA Code. The IFBB will also be a participant in the Pan Am Games in Lima, Peru, in August 2019.

From 1978 to 2017, the National Physique Committee (NPC) was the US affiliate to the IFBB. In September 2017, the NPC was suspended from the IFBB. Going with the NPC was the Pro League. The confusion is that the name the Pro League incorporated under in 2004 was IFBB Pro League, when now they are really the NPC Pro League.

After the NPC was suspended from the IFBB, President Santonja quickly did two things. First, he started IFBB Elite Pro, a pro organization in which IFBB amateurs can graduate to and compete for money. Second, he approached John Calascione, Jim Rockell and Wayne DeMilia to organize a new Federation in the United States to be the affiliate to the IFBB. In October 2017, IFBB Physique America was formed and in November 2017 at the IFBB World Congress, it was unanimously approved as the United States affiliate to the IFBB.

IFBB Physique America inaugurated competitions in March 2018 and quickly establish itself as the Federation for the athlete. In our first year, we sent 18 athletes to different IFBB international competitions with all expenses paid. That is more than all other federations in the US combined. IFBBPA is now organized in 33 states with the goal of all 50 states by 2020.

For more information on this subject, please go to the following link

<https://www.evolutionofbodybuilding.net/truth-npc-suspended-jim-manion-resigned/>

www.ifbb.com

www.ifbbphysiqueamerica.com