

For Immediate Release  
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# PHYSIQUE AMERICA

appoints

## Veronica Yoo

### President, Physique America British Columbia

Physique America is pleased to announce the appointment of Veronica Yoo to the position of President, Physique America British Columbia.

Veronica Yoo is a highly qualified and experienced Nutritionist, Functional Medicine Certified Health Coach, CFS, CEC instructor, Published Author, WBFF Professional Athlete, and the owner of Makeover Nutrition. She has helped countless clients with weight loss, nutrition, joint and muscle pain, and to resolve metabolic syndrome through nutrition, exercise and a lifestyle plan. She transformed her physique from a 80 pound skinny body to a professional figure athlete by competing multiple shows to improve herself over the years. She can relate to anyone who doubts if they are good enough to compete to become a professional athlete one day. She understands what it takes to become a champion and she applies her bodybuilding experiences as a blueprint to anything she pursues in her life. She is located in Vancouver, British Columbia and lives an active lifestyle.



*Veronica Yoo, President, Physique America British Columbia*



**Physique America** welcomes Veronica to the **Physique America Canada** Team!

***Where the Elite Compete!***

[www.ifbbphysiqueamerica.com](http://www.ifbbphysiqueamerica.com)