

For Immediate Release
December 6, 2021

PHYSIQUE AMERICA

appoints

Benoit Brodeur

President, Physique America Quebec

Physique America and Physique America Canada is happy to announce the appointment of Benoit Brodeur to the position of President of Physique America Quebec.

A gym owner from 1984 to 1991, Benoit has more than thirty years of experience as a coach, trainer, promoter and administrator in the field of Bodybuilding and Fitness. During this career, Benoit has collaborated in the development and success of many athletes on the national scene. In 1999 he founded Coach Export with the aim of contributing more to the advancement of sport in general through the training of professional and competent coaches. He was the Vice-President of the FCPAQ from 1984 to 1991, then President from 1991 to 2011, Benoit served as Executive Director of the QPA from 2011 to 2021.



Benoit Brodeur, Physique America Quebec President

Physique America is both honored and happy to have Benoit as part of our team.



Where the Elite Compete!